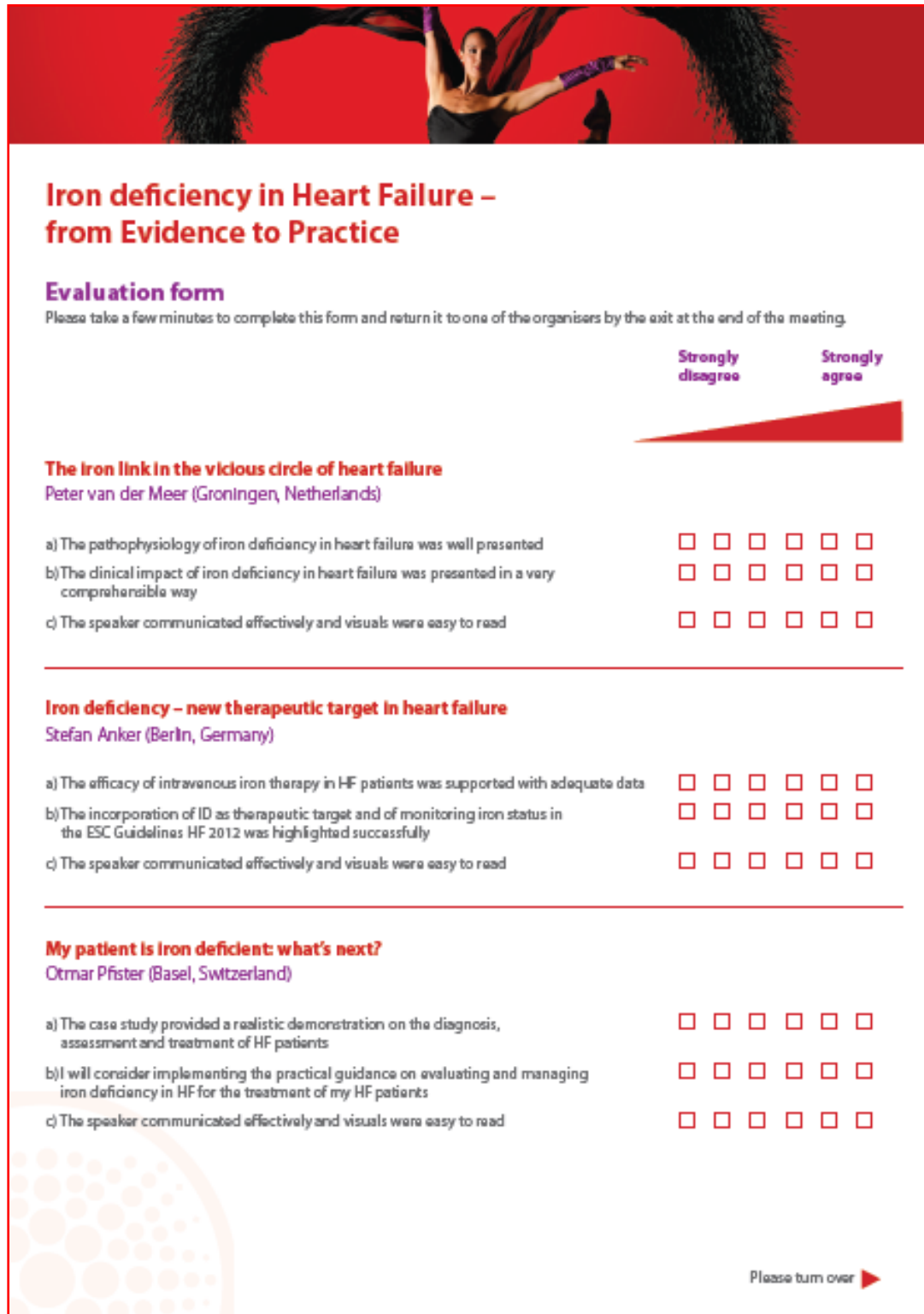


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Evaluation form



The evaluation form is titled "Iron deficiency in Heart Failure – from Evidence to Practice". It includes an "Evaluation form" section with instructions to complete the form and return it to an organizer. The form contains three sections for evaluation, each with a list of statements and a set of six checkboxes for rating from "Strongly disagree" to "Strongly agree".

Iron deficiency in Heart Failure – from Evidence to Practice

Evaluation form
Please take a few minutes to complete this form and return it to one of the organisers by the exit at the end of the meeting.

The iron link in the vicious circle of heart failure
Peter van der Meer (Groningen, Netherlands)

a) The pathophysiology of iron deficiency in heart failure was well presented ☐ ☐ ☐ ☐ ☐ ☐

b) The clinical impact of iron deficiency in heart failure was presented in a very comprehensible way ☐ ☐ ☐ ☐ ☐ ☐

c) The speaker communicated effectively and visuals were easy to read ☐ ☐ ☐ ☐ ☐ ☐

Iron deficiency – new therapeutic target in heart failure
Stefan Anker (Berlin, Germany)

a) The efficacy of intravenous iron therapy in HF patients was supported with adequate data ☐ ☐ ☐ ☐ ☐ ☐

b) The incorporation of ID as therapeutic target and of monitoring iron status in the ESC Guidelines HF 2012 was highlighted successfully ☐ ☐ ☐ ☐ ☐ ☐

c) The speaker communicated effectively and visuals were easy to read ☐ ☐ ☐ ☐ ☐ ☐

My patient is iron deficient: what's next?
Otmar Pfister (Basel, Switzerland)

a) The case study provided a realistic demonstration on the diagnosis, assessment and treatment of HF patients ☐ ☐ ☐ ☐ ☐ ☐

b) I will consider implementing the practical guidance on evaluating and managing iron deficiency in HF for the treatment of my HF patients ☐ ☐ ☐ ☐ ☐ ☐

c) The speaker communicated effectively and visuals were easy to read ☐ ☐ ☐ ☐ ☐ ☐

Please turn over ►

- Please hand your completed **evaluation form** to a hostess as you leave the symposium

Iron Deficiency in Heart Failure – from Evidence to Practice

Chair: Georg Noll, Switzerland; Michael Böhm, Germany

18:00 -18:10 **Chair's introduction**
Georg Noll, Switzerland

18:10 -18:25 **The iron link in the vicious circle of heart failure**
Peter van der Meer, Netherlands

18:25 -18:40 **Iron deficiency - new therapeutic target in heart failure**
Stefan Anker, Germany

18:40 -18:55 **My patient is iron deficient: what's next?**
Otmar Pfister, Switzerland

18:55 -19:15 **Question and answer session**
Michael Böhm, Germany, and faculty

Introduction

Georg Noll, MD

Zürich, University Hospital, Switzerland

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1. [overall survival.](#)
[No authors listed]
Prescrire Int. 2012 Dec;21(133):285-7.

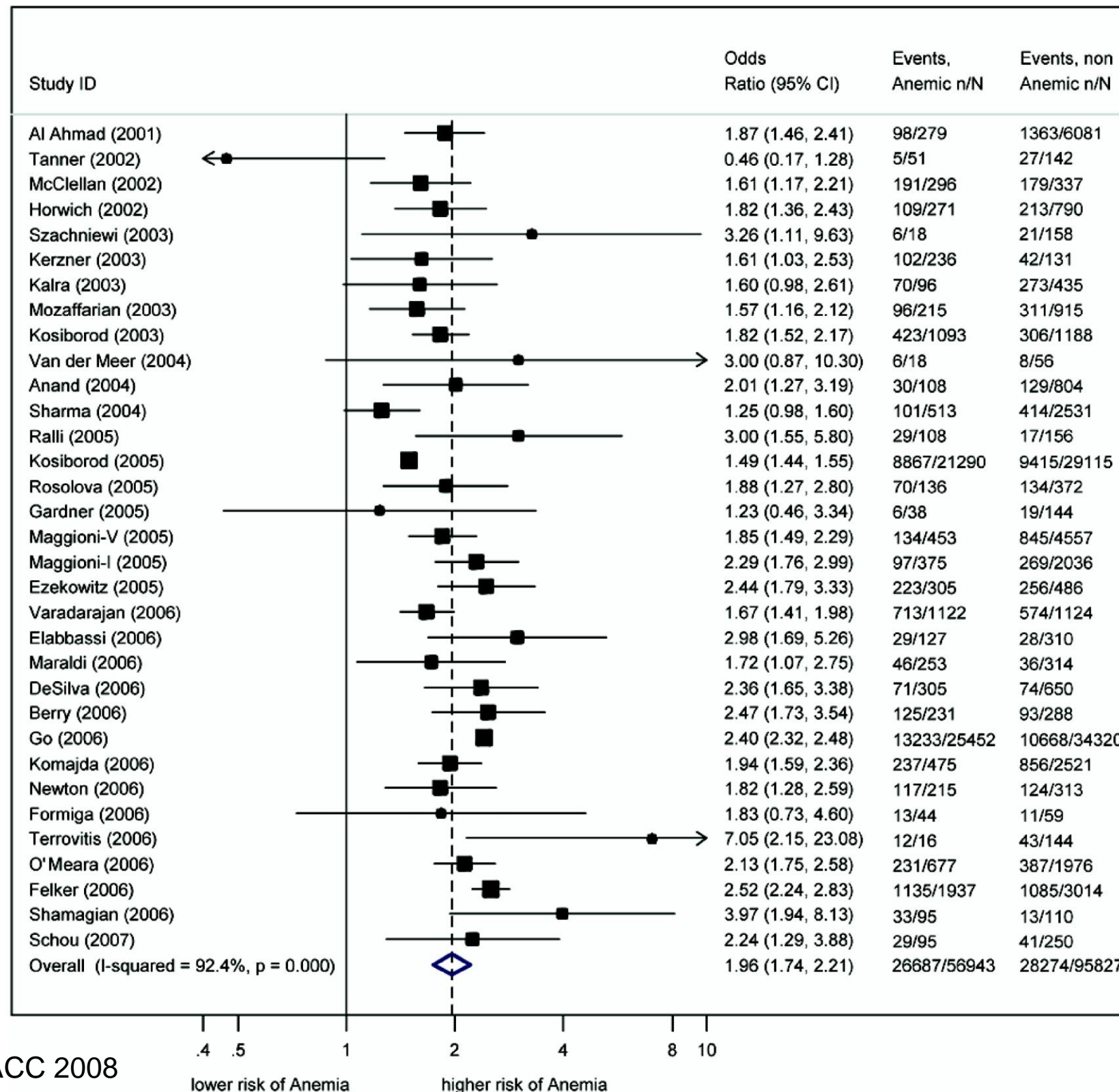
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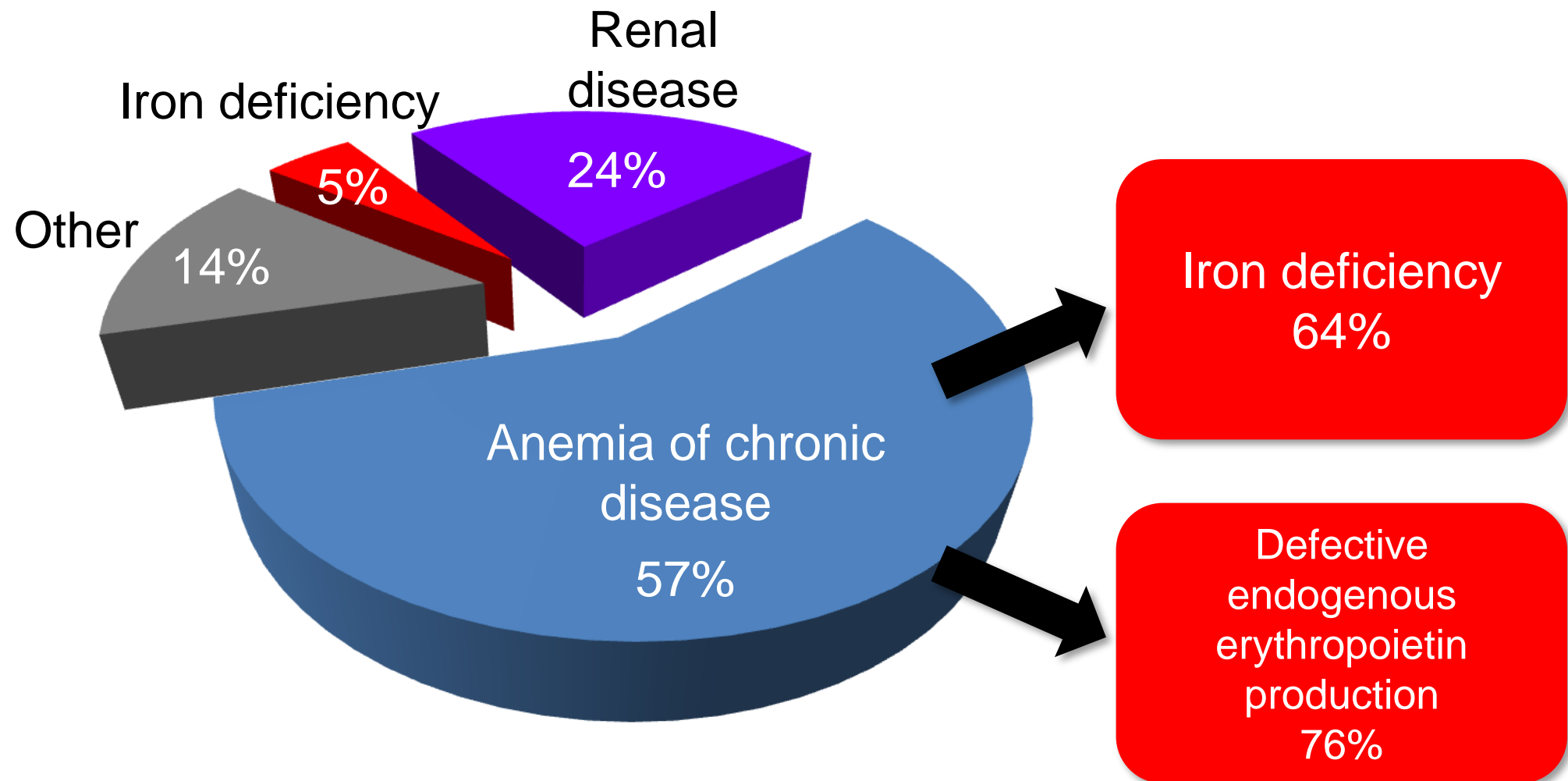
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Anemia and Mortality in CHF

Meta-analysis



Iron deficiency is the main cause of anemia in CHF



N=148 anemic CHF patients

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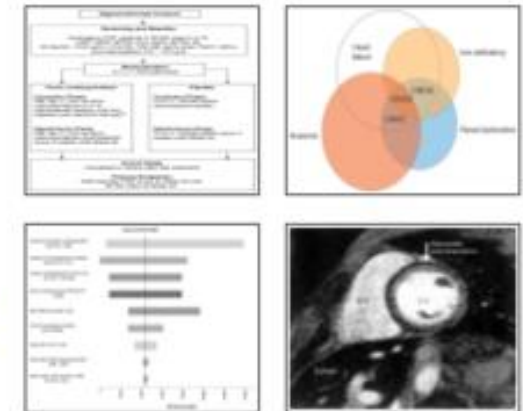
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- ☐ [Expansion of the red cell distribution width and evolving iron deficiency as predictors of poor outcome in chronic heart failure.](#)
1. Aung N, Ling HZ, Cheng AS, Aggarwal S, Flint J, Mendonca M, Rashid M, Kang S, Weissert S, Coats CJ, Richards T, Thomas M, Woldman S, Okonko DO.
Int J Cardiol. 2013 Jan 22. doi:pii: S0167-5273(13)00002-8. 10.1016/j.ijcard.2012.12.091. [Epub ahead of print] publisher]

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3. Hoogland ER, de Vries EE, Christiaans MH, Winkens B, Snoeijs MG, van Heurn LW.
Transplantation. 2013 Jan 4. [Epub ahead of print]
PMID: 23296150 [PubMed - as supplied by publisher]
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4. Rodrigues A, Guimarães-Filho FV, Braga JC, Rodrigues CS, Waib P, Fabron-Junior A, Tan DM, França AC, Okoshi MP, Okoshi K.
Arq Bras Cardiol. 2013 Jan;100(1):75-81. Epub 2013 Jan 8. English, Portuguese.
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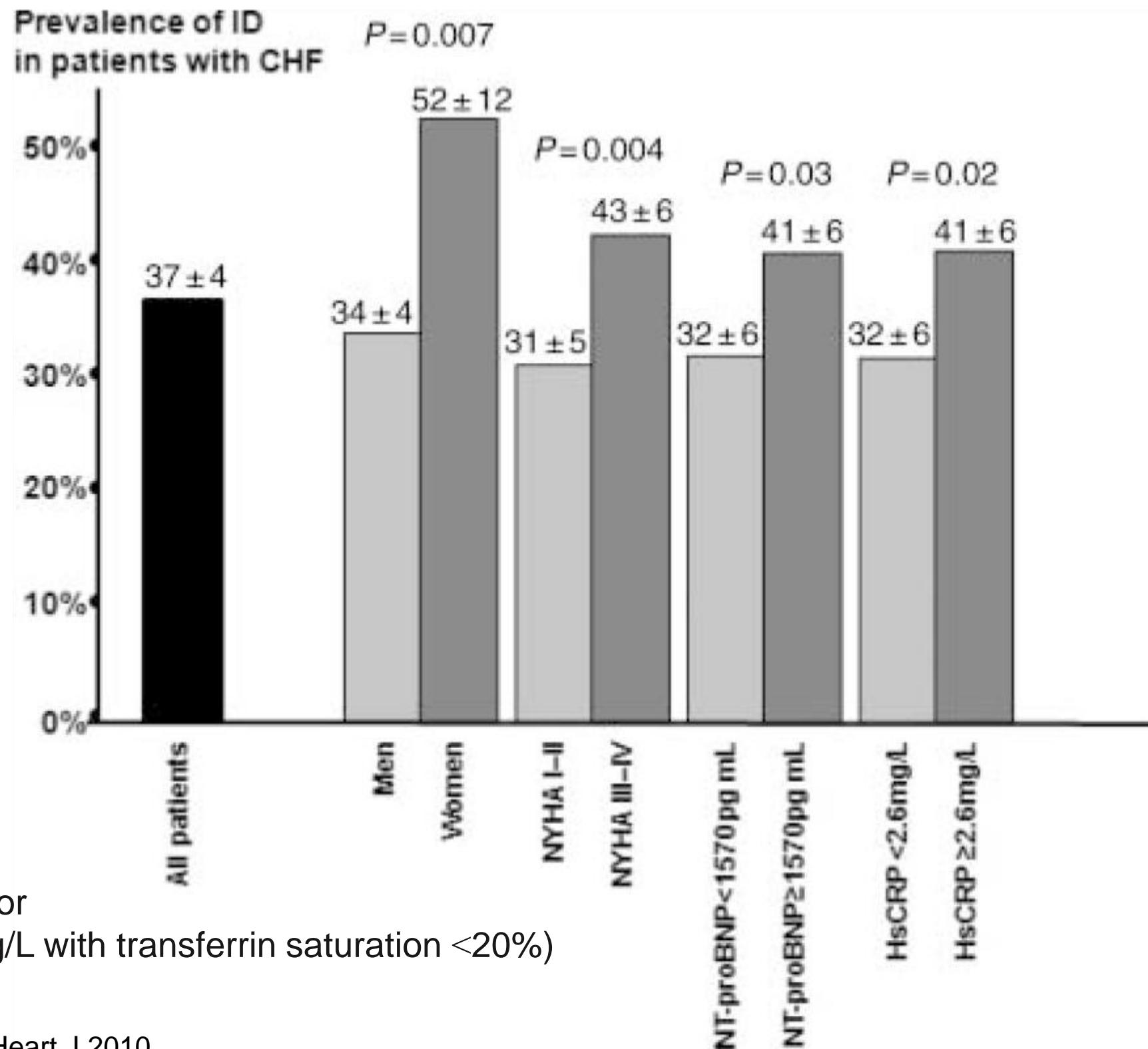
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Ferric carboxymaltose in patients with heart failure and iron deficiency [N Engl J Med. 2009]
Iron supplementation for the treatment of chronic heart failure an [Eur J Heart Fail. 2012]

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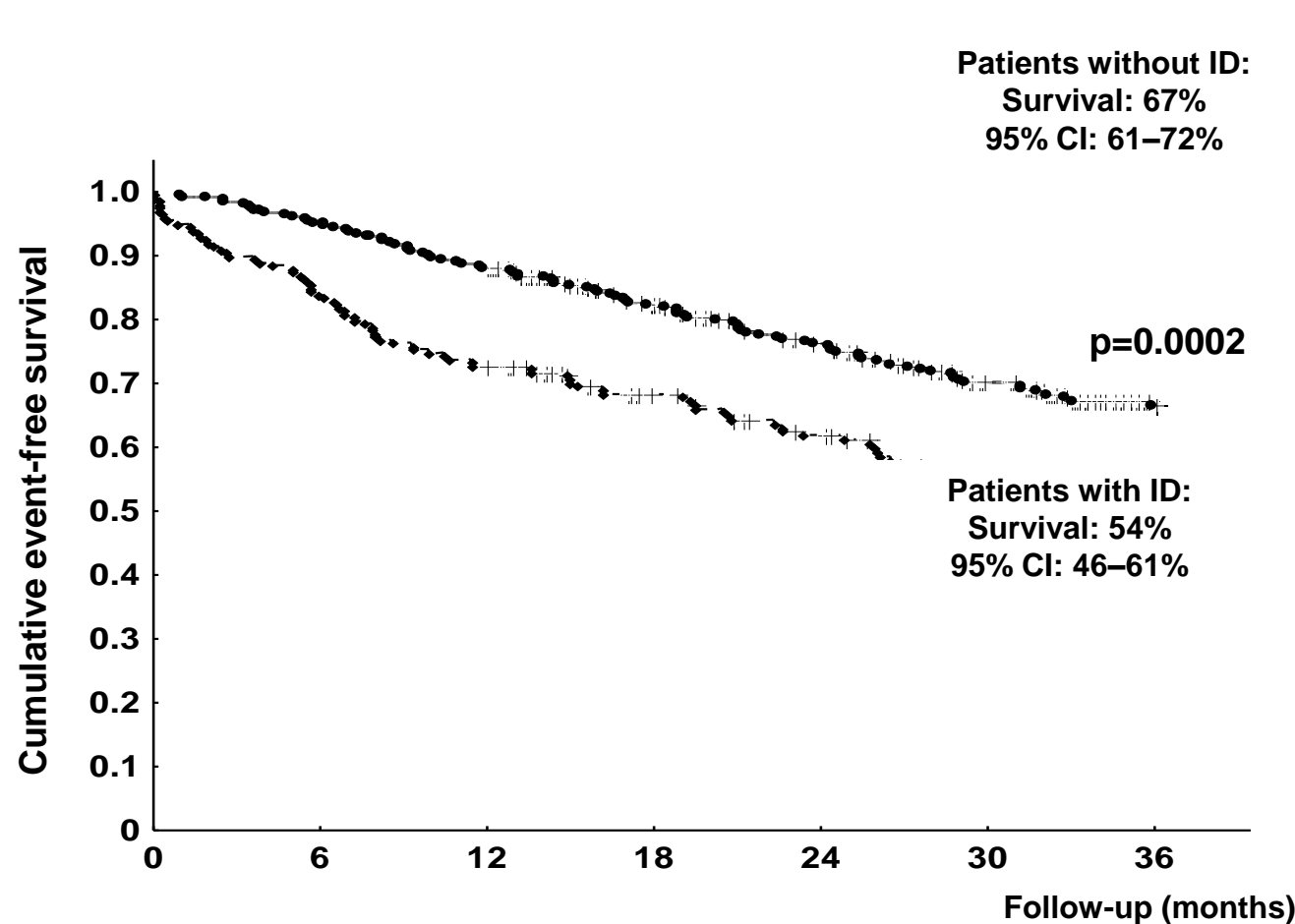
Prevalence of iron deficiency* in patients with CHF



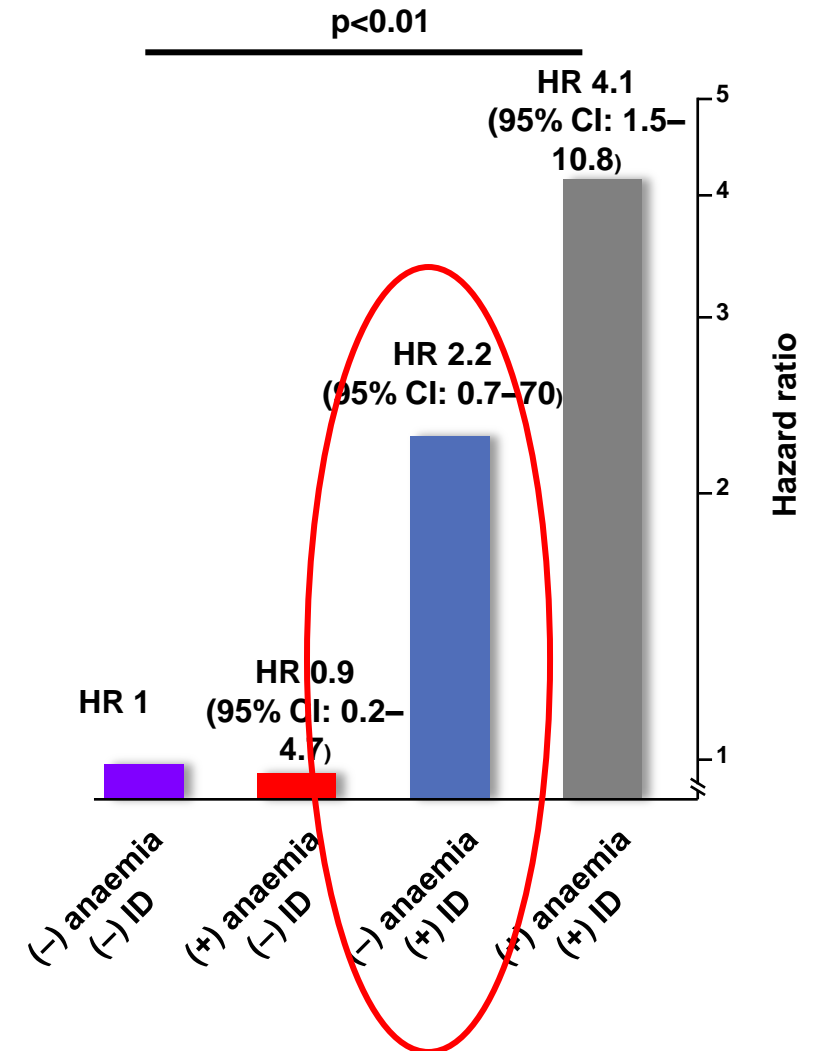
* Ferritin <100 mg/L, or
Ferritin 100–300 mg/L with transferrin saturation <20%)

Iron deficiency is associated with increased morbidity and mortality also in absence of anemia

Iron deficiency: Ferritin <100 mg/L, or 100–300 mg/L with transferrin saturation <20%)



ID (but not anemia) was related to an increased risk of death or hospitalisation¹:
Adjusted HR=1.6 (95% CI 1.1–2.2; p<0.01)¹



Compared with iron-replete patients without anemia, ID patients had 2–4-fold escalated risk for death irrespective of anemic status²

1. Jankowska EA et al: Eur Heart J 2010

2. Okonko DO, et al. J Am Coll Cardiol 2011;58:1241–51

Significant differences between the 2008 and 2012 ESC Guidelines – iron deficiency

2008 ¹	2012 ^{2,3}
Iron deficiency <i>NB: No specific section on iron deficiency included in 2008 guidelines. Referred to in anaemia section only</i>	
<i>“The most important underlying causes [of anaemia] include...iron deficiency...”</i>	<i>“Iron deficiency may contribute to muscle dysfunction in HF and causes anaemia”</i>
	<i>“...459 patients with NYHA class II or III systolic in HF, Hb between 9.5 and 13.5 g/dL, and iron deficiency were randomised 2:1 to i.v. ferric carboxymaltose or saline”</i>
	<i>“Recommendations for the diagnostic investigations in ambulatory patients suspected of having HF:</i> <ul style="list-style-type: none"> - <i>Measurement of blood chemistry (including sodium...., ferritin/TIBC*)..</i> - <i>Detect reversible/treatable causes of HF (e.g. hypocalcaemia,...) and co-morbidities (e.g. iron deficiency)....”</i>
<i>“Among potential therapies, the use of erythropoietin-stimulating agents, usually together with iron, to increase red blood cell production represents an unproven option”</i>	<i>“Over 6 months of treatment, iron therapy improved self-reported patient global assessment and NYHA class (as well as 6-MWT and health-related quality of life) and <u>may be considered as a treatment for these patients</u>”</i>

1. Dickstein K, et al. Eur Heart J 2008;29:2388–442;

2. McMurray JJ, et al. Eur Heart J 2012;33:1787–1847.

3. McMurray JJ, et al. Eur J Heart Fail 2012;14:803–869

* TIBC = Total Iron-Binding Capacity
TSAT= Serum iron/TIBCx100

Iron Deficiency in Heart Failure – from Evidence to Practice

Chair: Georg Noll, Switzerland; Michael Böhm, Germany

18:00 -18:10 **Chair's introduction**
Georg Noll, Switzerland

18:10 -18:25 **The iron link in the vicious circle of heart failure**
Peter van der Meer, Netherlands

18:25 -18:40 **Iron deficiency - new therapeutic target in heart failure**
Stefan Anker, Germany

18:40 -18:55 **My patient is iron deficient: what's next?**
Otmar Pfister, Switzerland

18:55 -19:15 **Question and answer session**
Michael Böhm, Germany, and faculty